

## ORIGINAL ARTICLE

# Inhibition of endometrial carcinoma by Kaempferol is interceded through apoptosis induction, G2/M phase cell cycle arrest, suppression of cell invasion and upregulation of m-TOR/PI3K signalling pathway

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## Summary

**Purpose:** The main purpose of this study was to investigate the selective anticancer effects of Kaempferol against MFE-280 endometrial carcinoma cells along with evaluating its effects on apoptotic pathway, cell cycle phase distribution, cell invasion, cell migration and m-TOR/PI3K/Akt signalling pathway.

**Methods:** Cell viability of MFE-280 endometrial carcinoma cells was assessed by MTS [(3-(4, 5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium)] assay. Apoptosis was determined by acridine orange (AO)/ethidium bromide (EB) double staining. Cell cycle analysis was determined by flow cytometry, while Boyden chamber assay was performed to study the effects of Kaempferol on cell migration and cell invasion, respectively. The effects of Kaempferol on the protein expression of m-TOR/PI3K/Akt signalling pathway were analysed by Western blot assay.

**Results:** Kaempferol exerted considerable and selective anticancer effects on MFE-280 endometrial carcinoma cells

with IC<sub>50</sub> of 10  $\mu$ M. The anticancer effects were found to be due to activation of mitochondrial-mediated apoptotic pathway and G2/M phase cell cycle arrest. Furthermore, the results also revealed that Kaempferol significantly inhibited cell migration and cell invasion trend of these cancer cells. Our results also showed that, in comparison to the untreated cells, Kaempferol-treated cells exhibited a dose-dependent downregulation of p-mTOR, p-PI3K and p-AKT proteins. However, mTOR, PI3K and Akt expression levels remained more or less unaltered.

**Conclusions:** In conclusion, the present study indicates that Kaempferol could exert anticancer effects in MFE-280 endometrial carcinoma cells selectively and that these effects were mediated via apoptosis induction, cell cycle arrest and inhibition of m-TOR/PI3K/Akt signalling pathway.

**Key words:** endometrial cancer, kaempferol, apoptosis, cell migration, cell invasion

## Introduction

Molecules from natural sources such as plants and microbes with amazing chemical structures have proved beneficial in alleviating human disorders [1]. Over the years, more and more natural products are being screened for their bioactivities [2]. Plants and microbes have been the major sources

of drugs among all the natural sources [3]. Several of the drugs that are being used currently have their origin in plants, such as artemisinin which is an anti-malarial drug that has saved millions of lives [4]. Some plant-derived molecules are being used for the management of cancers [5]. Plants

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produce primary and secondary metabolites out of which humans have utilised secondary metabolites as medicines since ages [6]. The plant secondary metabolites have been categorized in different groups based on their structural properties. Flavonoids constitute a vast and prevalent group of plant metabolites [7] and have been shown to exhibit a number of anticancer effects, allowing thus to be used as drugs [7]. Kaempferol is an important flavonoid which has been evaluated against different types of cancer cells [8]. For example, Kaempferol inhibits the proliferation of glioblastoma cells [9]. However, the anticancer properties of Kaempferol have not been investigated against endometrial carcinoma cells. Endometrial carcinoma is one of the devastating cancers of the female genital tract and causes considerable number of deaths throughout the world [10]. The endometrial cancer patients usually show poor prognosis in advanced stages and the currently available treatments have a number of adverse effects [11]. Herein, the anticancer effects of a plant flavonoid Kaempferol were examined against the MFE-280 endometrial carcinoma cells.

The main purpose of the current study was to investigate the anticancer effects of Kaempferol against human endometrial carcinoma along with evaluating its effects on cellular apoptosis, cell cycle arrest, cell invasion and modulation of mTOR/PI3K/AKT signalling pathway.

## Methods

### MTS cell viability and colony formation assay

The anticancer effects of Kaempferol were examined by MTS assay. In brief, the wells of the 96-well plate were cultured with  $2 \times 10^4$  MFE-280 human endometrial cells per well, incubated overnight and then subjected to treatment with varied concentrations of Kaempferol for various time intervals. Following incubation at 37°C, MTS solution was added to the cells and absorbance was measured at 490 nm using ELISA plate reader. The effect of Kaempferol on the formation of MFE-280 colonies was investigated as described earlier [12].

### AO/EB staining for apoptosis

For detection of apoptosis, the endometrial carcinoma MFE-280 cells ( $0.6 \times 10^6$ ) were grown in 6-well plates. Following an incubation period of around 12 h, the MFE-280 cells were subjected to Kaempferol treatment for 24 h at 37°C. As the cells sloughed off, 25  $\mu$ l cell cultures were put onto glass slides and subjected to staining with AO and EB solution (1  $\mu$ l). The slides were cover-slipped and examined with a fluorescent microscope.

### Cell cycle analysis

To analyse the effect of Kaempferol on the distribution of the endometrial carcinoma MFE-280 cells in different cycle phases, flow cytometry after propidium

iodide (PI) staining was performed as described previously [13]. In brief, the MFE-280 cells were grown in 6-well plates and treated with Kaempferol for 24 h. The cells were then collected and washed with phosphate buffered saline (PBS), followed by fixation in ethanol (70%). After overnight incubation at 4°C, the cells were PI-stained and examined by flow cytometry.

### Cell migration and invasion assays

For cell migration and invasion analysis, the endometrial carcinoma MFE-280 cells were subjected to treatment with 0, 5, 10 and 20  $\mu$ M Kaempferol. The cell migration and invasion assays were then performed as described previously [14].

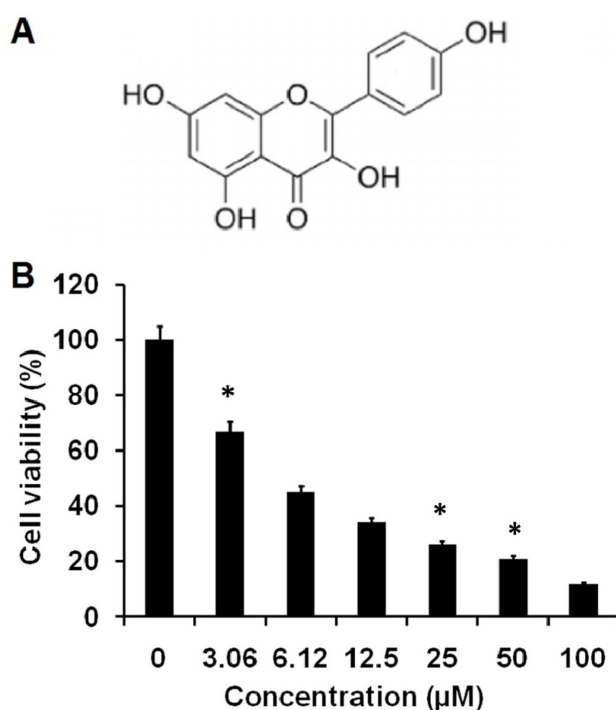
### Western blotting

After being lysed in RIPA lysis buffer, the MFE-280 cancer cells were subjected to bicinchoninic acid (BCA) assay for estimation of proteins. The samples were then loaded on the SDS-PAGE. The gels were then transferred to nitrocellulose membranes and subjected to treatment with primary antibodies (antibodies to p-AKT, mTOR, p-mTOR obtained from Cell Signaling Technology, Danvers, MA, USA.) at 4°C for 24 h. After this, the membranes were incubated with HRP-conjugated secondary antibody (1:1000) for 50 min at 25°C. Enhanced chemiluminescence reagent was used to visualise the protein bands.

### Statistics

SPSS software was used for statistical analyses.

Data were presented as mean  $\pm$  standard deviation (SD) from at least three independent experiments. Sta-



**Figure 1. A:** Chemical structure of Kaempferol; **B:** Effect of Kaempferol on the viability of the MFE-280 cells. The results are mean of three experiments  $\pm$  SD (\* $p < 0.01$ ).

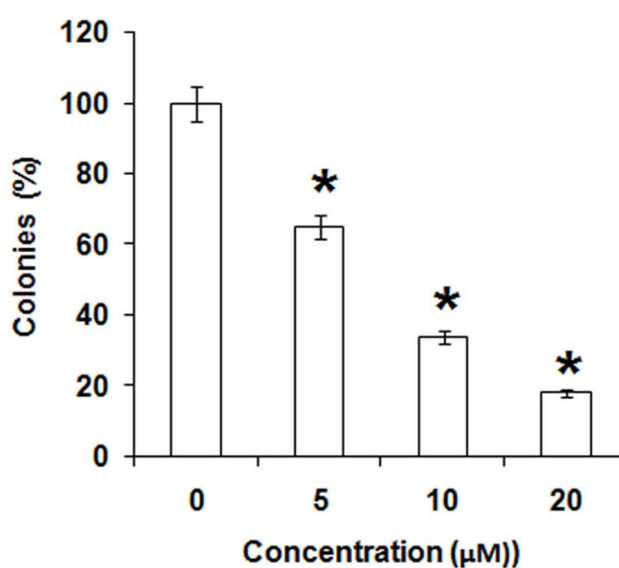
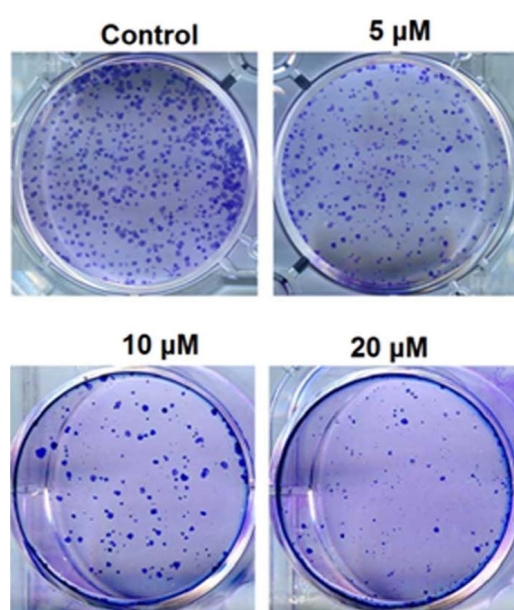
tistically important difference was taken as  $p < 0.01$ . One-way ANOVA with graphpad prism 7 software was used to investigate the differences among groups.

## Results

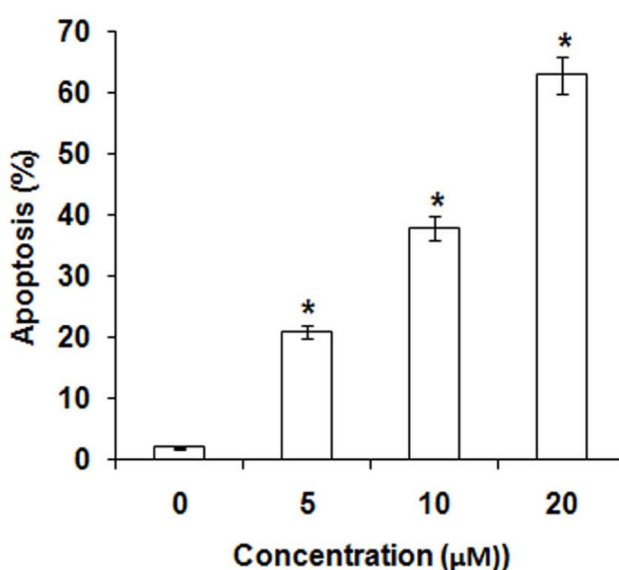
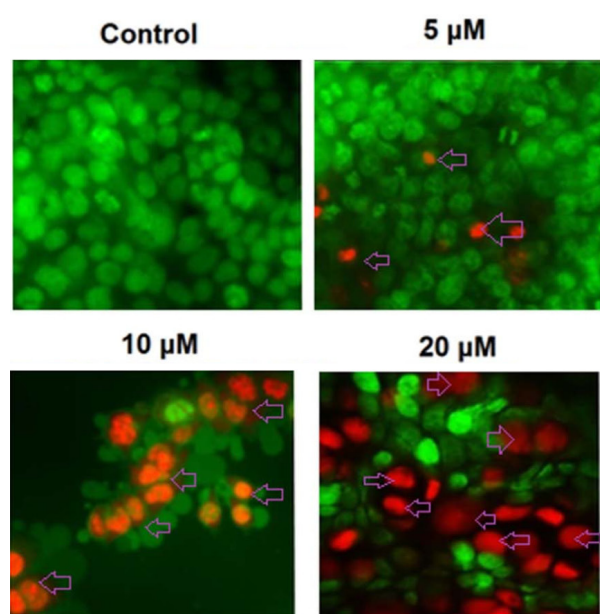
### *Growth inhibitory effects of Kaempferol on the MFE-280 endometrial carcinoma cells*

Kaempferol (Figure 1A) inhibition of the growth of MFE-280 endometrial carcinoma cells

was examined by MTS assay. The results showed that that Kaempferol exerted antiproliferative effects on the MFE-280 endometrial carcinoma cell line and exhibited an  $IC_{50}$  of  $10 \mu M$  (Figure 1B). In addition, the anticancer effects of Kaempferol on the endometrial carcinoma cells were dose-dependent. The examination of the Kaempferol treated MFE-280 cells revealed that Kaempferol could significantly inhibit the colony formation of the MFE-280 human endometrial cells (Figure 2).



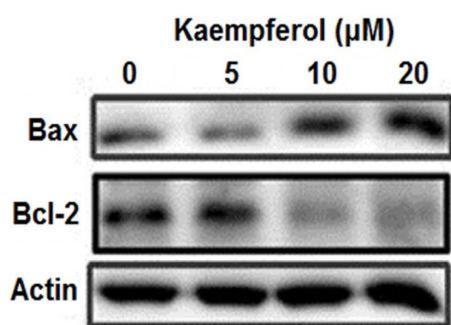
**Figure 2.** Inhibition of MFE-280 cell colony formation by Kaempferol. The results are mean of three experiments  $\pm$  SD and reveal that Kaempferol led to colony formation cell inhibition in a dose-dependent manner (\* $p < 0.01$ ).



**Figure 3.** Effect of Kaempferol on apoptosis induction in the MFE-280 cells as depicted by AO/EB staining. The results are mean of three experiments  $\pm$  SD. Red fluorescence indicates onset of apoptosis in these cells and shows that the apoptotic cells increased greatly with increasing dose (\* $p < 0.01$ ).

### Induction of apoptosis in MFE-280 endometrial carcinoma cells by Kaempferol

The induction of apoptosis in the endometrial carcinoma MFE-280 cells by Kaempferol was checked by AO/EB staining. The outcomes of AO/EB staining showed that Kaempferol induced apoptotic cell death in the MFE-280 endometrial carcinoma cells in a dose-dependent manner (Figure



**Figure 4.** Effect of Kaempferol on the expression of apoptosis-related proteins in the MFE-280 cells as shown by western blotting. The experiments were performed in triplicate and show that while Bax expression increased, the expression of Bcl-2 decreased.

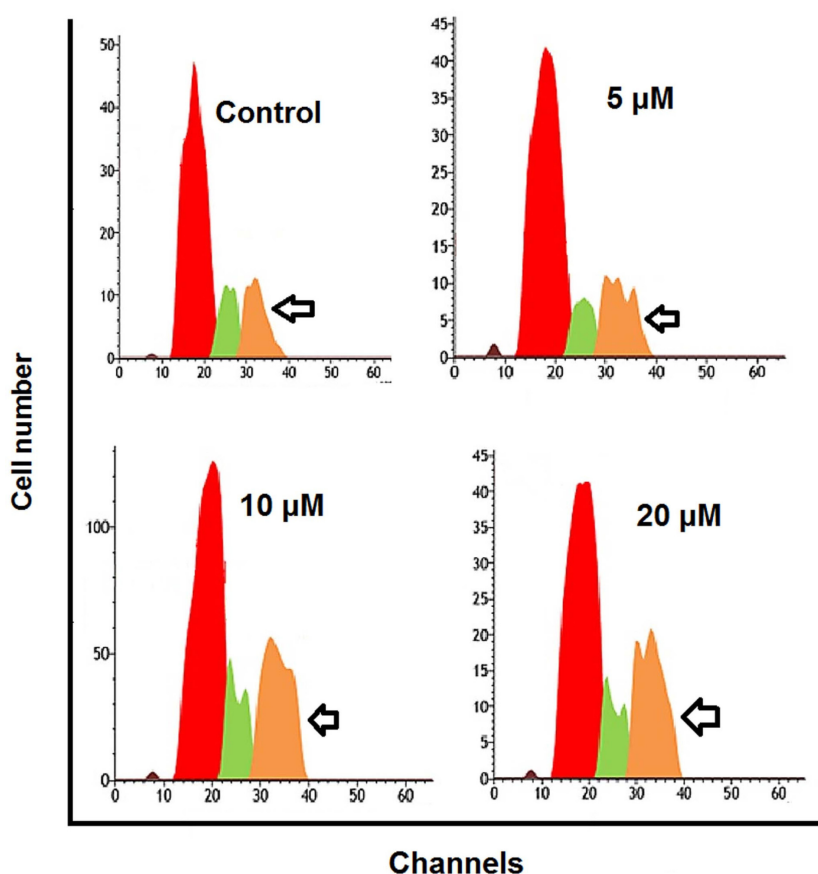
3). Analysis of the protein expression of the apoptosis biomarker proteins revealed that Kaempferol caused increase in the expression of Bax, while the expression of Bcl-2 was decreased concentration dependently (Figure 4).

### Kaempferol induced G2/M arrest of MFE-280 endometrial carcinoma cells

The impact of Kaempferol on the distribution of MFE-280 endometrial carcinoma cells in various cell cycle phases was assessed by flow cytometry. It was found that Kaempferol caused remarkable increase in the percentage of the MFE-280 endometrial carcinoma cells in the G2/M phase of the cell cycle. The percentage of MFE-280 human endometrial cancer cells in the G2 phase increased from 58.5 to 79.4% upon treatment with Kaempferol (Figure 5).

### Kaempferol inhibited the migration and invasion of the MFE-280 cells

The effects of Kaempferol on the migration and invasion of the MF-280 cells were checked by Boyden chamber assay. It was found that Kaemp-



**Figure 5.** Kaempferol led to dose-dependent arrest of G2/M phase cell cycle distribution in MFE-280 cells. The experiments were carried in triplicate and show that the percentage of cells in G2/M phase increased significantly in a dose-dependent manner (arrows), resulting in G2/M cell cycle arrest.



ferol treatment could considerably inhibit the migration of the cancer cells in a dose-dependent fashion (Figure 6). Similar effects were also seen by Kaempferol on the invasion of the MFE-280 cells (Figure 7).

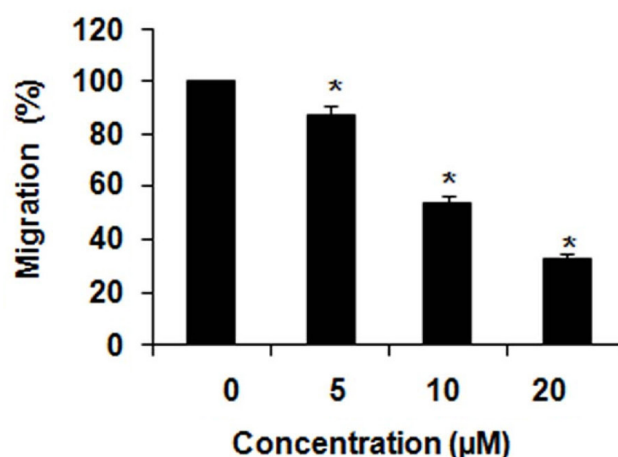
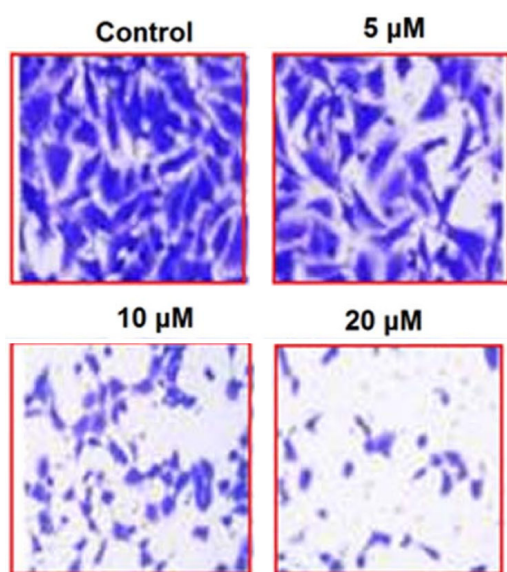
#### *Kaempferol inhibited the PI3K/AKT/mTOR signalling pathway*

The effects of Kaempferol were also investigated on the MAPK/ERK signalling pathway in MFE-280 cells. It was found that Kaempferol caused considerable decrease in the expression of p-mTOR,

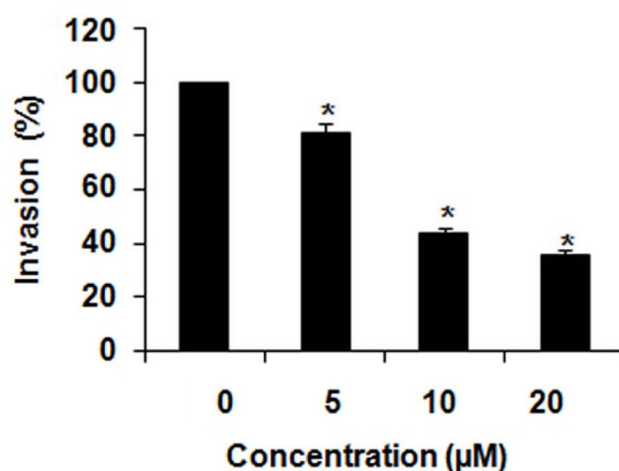
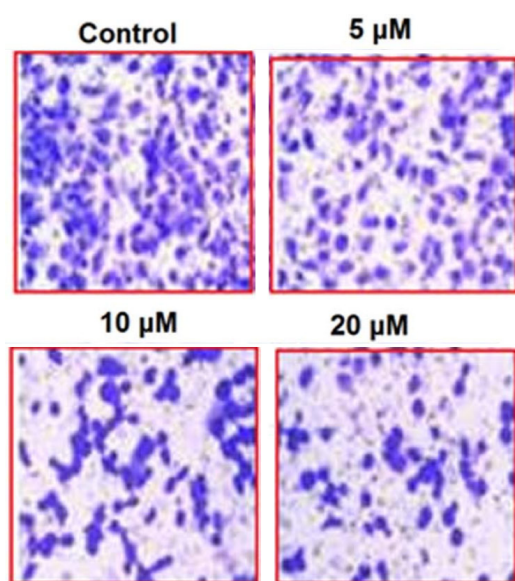
p-AKT and p-PI3K proteins. However, no visible effect was observed on the total mTOR, PI3K and AKT proteins expression. This effect was found to be concentration-dependent (Figure 8).

## Discussion

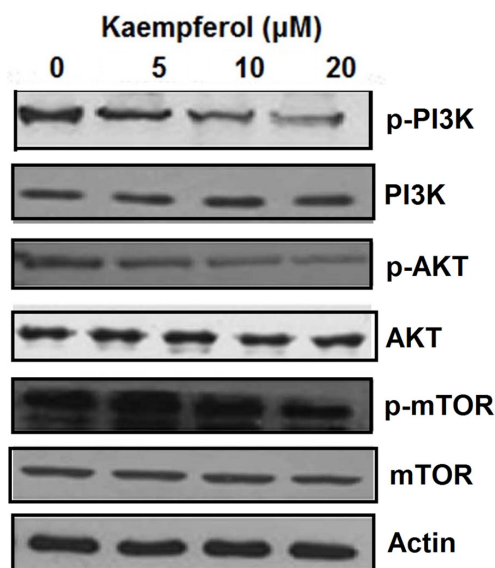
Endometrial carcinoma is a commonly detected malignancy in women. It develops in the female genital tract and results in a considerable number of deaths world over. The used treatment methods for endometrial cancer create adverse effects on the



**Figure 6.** Effect of Kaempferol on the migration of MFE-280 cells as shown by Boyden chamber assay. The results are the mean of three experiments $\pm$ SD and show an increase in the cell migration suppression with increasing dose of Kaempferol (\* $p$ <0.01).



**Figure 7.** Effect of Kaempferol on the invasion of the MFE-280 cells as shown by Boyden chamber assay. The results are the mean of three experiments $\pm$ SD and show an increase in the cell invasion suppression with increasing dose of Kaempferol (\* $p$ <0.01).



**Figure 8.** Effect of Kaempferol on the expression of mTOR/PI3K/AKT pathway proteins in the MFE-280 cells as shown by western blotting. The experiments were performed in triplicate. Kaempferol caused considerable decrease in the expression of phosphorylated p-mTOR, p-AKT and p-PI3K proteins. However, no visible effect was observed on the total mTOR, PI3K and AKT proteins.

health/quality of life of the patients [10]. Lack of effective drug regimes and metastasis of endometrial carcinoma limits the effectiveness of treatment of this disease [15].

Herein, the anticancer effects of the natural occurring flavonoid Kaempferol were investigated on the MFE-280 endometrial carcinoma cells. Kaempferol could inhibit the growth of the MFE-280 cells dose-dependently and exhibited an IC<sub>50</sub> of 10  $\mu$ M. Kaempferol could also suppress the colony formation of the MFE-280 endometrial carcinoma cells dose-dependently.

Previous studies have also shown that Kaempferol inhibits the growth of cancer cells. For example, Kaempferol has been found to inhibit the growth of glioblastoma and breast cancer cells [9, 16].

Next, the underlying mechanism of the anticancer activity of Kaempferol was investigated and the results showed that this molecule caused apoptosis of the MFE-280 cells. Apoptosis maintains the

tissue homeostasis by eliminating the defective, abnormal or cancer cells from the body of an organism [17]. Kaempferol-triggered apoptosis was also accompanied with upregulation of Bax and down-regulation of Bcl-2.

Cell cycle arrest is also responsible for the anti-proliferative activity of many anticancer drugs [13]. Herein, we found that Kaempferol blocked the division of the cells at the G2/M check point in a concentration-dependent manner. Metastasis is an important property of cancer cells [18] and the anti-metastatic potential of Kaempferol on MFE-280 cells was examined by the Boyden chamber assay and the results showed that this compound could considerably suppress the migration of cancer cells.

It has been reported that in cancer cells, a number of signal transduction pathways are overexpressed and lead to development and progression of malignancies. In this study, we investigated the effects of Kaempferol on the mTOR/PI3K/AKT signalling pathway and found that it inhibited this pathway, indicating the anticancer potential of this molecule.

## Conclusion

We conclude that Kaempferol shows potent anticancer effects on the endometrial carcinoma cells by triggering the apoptotic cell death and cell cycle arrest. Besides, Kaempferol also suppresses the migration and invasion of the endometrial carcinoma cells, suggesting its potential as anticancer agent.

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## Conflict of interests

The authors declare no conflict of interests.

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